



MSc Sport (Adapted Sport)

University of Worcester
Course Information Pack

On behalf of the MSc Sport (Adapted Sport) course team, we would like to thank you very much for expressing an interest regarding studying a post-graduate qualification in Adapted Sport at the University of Worcester.

The course has been specifically designed to provide you with the knowledge and skills demanded of an Adapted Sport practitioner on entering employment or remaining and progressing in employment and/or advancing to further study. In particular, the course aims to facilitate the development of theoretical and practical knowledge, understanding and professional skills of adapted sport practice, working in or hoping to work in the education and or community organisations. This specific focus will provide you with a greater depth of understanding and skills and will better prepare you to further your career. This means you will be expected to be proactive in your learning and be prepared to develop the ability to work independently at times.

The course can be followed as a part time or a full time student depending on your requirements. We recognise that students come from all educational backgrounds and we pride ourselves that everyone is supported throughout their studies.

I hope the document provides a suitable overview of the course. In relation to course fee costs, please visit <https://www.worcester.ac.uk/study/fees-and-finance/fees-and-finance.aspx> to find the current tuition fees and information regarding finance. There is a reduction for UW graduates.

If you have any further queries, please look at the website (<https://www.worcester.ac.uk/courses/adapted-sport-msc>) or arrange a call with the course leader.

Once again, thank you very much for your enquiry.

Many thanks,

Rebecca

Rebecca Foster MBE
Course Leader for MSc Adapted Sport
Principal Lecturer
School of Sport & Exercise Science
University of Worcester

Email: r.foster@worc.ac.uk

Course Aims and Learning Outcomes

The course aims to facilitate the development of theoretical and practical knowledge, understanding and professional skills of adapted sport working in, or hoping to work in education, community and/or sports performance industries. The primary focus of content and the flexible learning delivery method is related to developing and enhancing the competencies of an adapted sport practitioner. This specific focus could provide you with a greater depth of understanding and practical skills that will better prepare yourself to further your own career in the competitive field of adapted sport.

The course aims will enable students to:

- a. develop a systematic and in-depth understanding of knowledge and a critical awareness of current problems and/or new insights for the advanced study of contemporary issues in adapted sport;
- b. develop a critical understanding of techniques and research methods applicable to their own applied research and advanced scholarship;
- c. develop originality in the application of knowledge, together with a practical understanding of research skills necessary to create and interpret knowledge in the discipline;
- d. utilise their advanced knowledge and understanding of adapted sport to deal with complex issues systematically and creatively, address problems and communicate their conclusions clearly;
- e. further develop their key and vocationally relevant skills and independent learning ability required for continuing professional and personal development through professional practice in adapted sport.

UNIVERSITY OF WORCESTER

ADAPTED SPORT

Overview of the course

Below is a table that displays the breakdown of the MSc Sport (Adapted Sport). Aspects may be subject to change. The modules listed under 'THEORY' are disability specific modules, the remaining three 'PRACTICE' and 'RESEARCH', you will share across all the MSc pathways. However, the subject material you cover can and will relate to disability if that is your focus.

	THEORY	PRACTICE	RESEARCH
Semester 1	Adapted Contemporary Issues in Disability Sport, Coaching and SEND PE (30 credits)	Leading People in Sport (30 credits)	Sports Research Project (60 credits)
Semester 2	Applied Pedagogy and Practice in Adapted Physical Activity (30 credits)	Professional Placement (30 credits)	

In Semester 1 you will follow something similar to;

Adapted Contemporary Issues in Disability Sport, Coaching and SEND PE

This module allows students to explore the contested conceptualisation of disability in a sporting context. A multi-disciplinary approach (cultural/social/historical) is encouraged so that students develop their awareness of how adapted sport can be addressed from a range of theoretical perspectives. Module tutors will aim to facilitate independent learning, helping students cultivate a self-directed approach to a critical analysis of contemporary issues in adapted sport from a coaching and teaching perspective. You will be asked to contribute your thoughts in a safe, supportive setting.



UNIVERSITY OF WORCESTER

ADAPTED SPORT

Leading People in Sport

This module explores organisational culture, multidisciplinary team working and how this relates to the leadership of people in sport. The module also explores wider factors influencing leadership in sport from the perspective of micro-politics and sociocultural conceptions of power. Subsequently, theoretical models of leadership will be reviewed including consideration of the extent to which the research underpinning the various approaches is credible and informative. The focus of the module will span a wide range of disciplines in sport including coaching, management, sport science, performance analysis and (adapted) physical education. The module will enable students to consider how they are currently led and how their leaders' approach effects them and others they work alongside. The module will also invite students to reflect on their own current, and future, approaches to leadership in sport.

In Semester 2 you will follow something similar to;

Applied Pedagogy and Practice in Adapted Physical Activity

Adapted Sport represents one of the most pertinent and topical issues in contemporary sports coaching and teaching. The consideration and application of adapted sport is key to this module to contextualise theoretical concepts in applied practice. Students will be exploring best practice examples of inclusive delivery from a range of adapted sport providers; to provoke critical thinking, preparation and planning through a range of scenarios. You will be expected to deliver and explore your best practice based on theories and be able to offer your constructive comments as a professional colleague to peers.

Professional Placement

The module will make use of preparatory tasks and activities (self-assessment of skills; peer critique; career planning) and a one day seminar which will be focussed on professional conduct and planning the work placement. Students will then complete a 100-hour work placement in a sport setting appropriate to the specific degree pathway (in adapted sport). Placements can be with current or new employers, a wonderful opportunity to immerse yourself in a new personal challenge. Tutorials will be utilised to discuss the ongoing progress of student placements and learning.



UNIVERSITY OF WORCESTER

ADAPTED SPORT

Sports Research Project

The module gives students an opportunity to demonstrate an in depth understanding of a current issue or topic within their chosen MSc pathway. In conjunction with their chosen tutor, the student will design and implement a Masters level research project. This will be supported by appropriate justification, methods, analysis and interpretation of the data obtained during the study. The research findings and conclusions will be discussed in light of relevant contemporary research. A fantastic way to perhaps make a difference with your research. Some students have done their research whilst on placement, whereas others have started brand new concepts to explore.

Timetabling

For full time students, the current timetable is two mornings a week (Thursday and Friday) in semester 1, then in semester 2 Thursday mornings. There are two intensive day sessions in September and January/February.

For part time students, attendance is recommended for Thursday in both semester 1 and 2 for the first year, and then Friday the second year.

Assessments

Students like the variety of assessments offered as there is a choice of focus to support your area of interest as well as assessment style. Essays, interviews, image reflection, scenarios and a practical delivery session.

Minimum number required for the course to run

10 candidates.

Support for students

The following guidance and support structure is in place for students participating in this course:

- Adapted Sport students experience a wide variety of support for their learning e.g. seminar group work, practical activities, tutorials, Opportunities for Exploration (PBL), pre-module learning activities, Personal Academic Tutor support and the use of e-learning and access to computer and internet facilities e.g. Blackboard.
- Induction event



UNIVERSITY OF WORCESTER

ADAPTED SPORT

- Student Course Handbook (published on an annual basis).
- Online support and guidance from tutors where travel to the University is limited between module sessions.

Personal Academic Tutor System

Each student will be allocated a Personal Academic Tutor (from within the Course Team wherever possible). Students will be given an opportunity to meet with their Personal Academic Tutor during the induction sessions. The intention behind the system is that the student and tutor will develop a close working relationship, so a clear picture of the student's progress is developed throughout the course. The Personal Academic Tutor will be able to offer both academic and pastoral advice and should be the main contact throughout the course.

The Personal Academic Tutor will encourage the student to take responsibility for their own personal and professional development planning. Structured face-to-face and on-line support typically covers the following:

- Awareness of personal strengths and weaknesses;
- A clear vision of what the student wants to achieve through HE study;
- Greater understanding of how study in the discipline area at the University can help towards student goals;
- Responsibility for personal choices in modules, work and social life;
- A reflective approach to all the feedback received on work;
- A sense and a record of progression and achievement in the development of subject and generic skills and attributes (qualities);
- An ability to use this greater awareness to articulate the benefits of the HE experience to others including employers.

UNIVERSITY OF WORCESTER

ADAPTED SPORT

The Personal Academic Tutor will also:

- Respond to the student's requests for support and help with problems which affect academic work either at subject level or by referral to other University support services;
- Provide information for and assist in the drafting of the University reference.

<http://www.worcester.ac.uk/student-services/index.htm>

<http://www.worcester.ac.uk/student-services/disability-and-dyslexia.htm>

Award Map

Award maps are designed to show students which modules must be taken in order to gain different awards. It is likely that students will have to take certain modules as pre-requisites for further study in any given area and the Course Leader or members of the course team will advise students on these choices.

The award map for this course is outlined in the matrix below.

Module Code	Module Title	Status Mandatory (M) or Optional (O)			
		Credits (Number)	PG Cert	PG Dip	MSc
MSPO4281	Advanced Contemporary in Disability Sports, Coaching and SEND PE.	30	M	M	M
MSPO4282	Applied Pedagogy and Practice in APA.	30	M	M	M
MSPO4265	Leading People in Sport	30	-	M	M
MSPO4270	Professional Placement	30	-	M	M
MSPO4276	Sports Research Project	60	-	-	M
Total Credits		180			



UNIVERSITY OF WORCESTER

ADAPTED SPORT

PG Certificate

To be awarded the PG Cert Sport (Adapted Sport) students must successfully complete 60 credits at Level 7 (MSPO4281, MSPO4282).

PG Diploma

To be awarded the PG Dip Sport (Adapted Sport) students must successfully complete the PG Certificate plus MSPO4265 and MSPO4270 to a total minimum of 120 credits at Level 7.

Masters (MSc)

To be awarded the Masters, students must complete a total of 180 credits at Level 7 including 60 credits from the Sports Research Project.

UNIVERSITY OF WORCESTER

ADAPTED SPORT

Course Schedule

September	October	November	December	January
Advanced Contemporary Issues in Disability Sports, Coaching and SEND PE.				
Leading People in Sport				
February	March	April	May	June
Applied Pedagogy and Practice in APA.				
Professional Placement				
Sports Research Project				
July	August	September	October	
Sports Research Project				

Educational Aims' of the Programme Developed by Mandatory Module

Module Code	Module Title	A	B	C	D	E	F
MSPO4281	Advanced Contemporary Issues in Disability Sports, Coaching and SEND PE.	✓	✓	✓	✓	✓	
MSPO4282	Applied Pedagogy and Practice in APA.	✓		✓	✓	✓	
MSPO4265	Leading People in Sport	✓		✓	✓		✓
MSPO4270	Professional Placement	✓		✓	✓	✓	✓
MSPO4276	Sports Research Project	✓		✓	✓	✓	✓

It should also be noted that because these aims are the guiding statements structuring the course they can be both *explicitly* dealt within modules, whilst in other instances they are more *implicitly* referred to.

Intended learning outcomes and learning, teaching and assessment methods

Knowledge and Understanding			
LO no.	On successful completion of the named award, students will be able to:	Module Code/s	Award
1.	Analyse and critically reflect upon appropriate theory and contemporary issues in adapted sport	MSPO4281 MSPO4282	MSc PG Cert PG Dip
2.	Critically reflect upon current problems or contemporary insights in adapted sport;	MSPO4281 MSPO4282	MSc PG Cert PG Dip
3.	Analyse and critically reflect upon a wide range of quantitative and/or qualitative methods applicable for applied research or advanced scholarship in adapted sport.	MSPO4276	MSc

Cognitive and Intellectual skills			
4.	Demonstrate an in depth understanding and application of appropriate research methods.	MSPO4276	<i>MSc</i>
5.	Design, implement and evaluate a personal research project in a contemporary area of sports coaching demonstrating critical analysis of the research process, appropriate research methods and the analysis, interpretation and dissemination of data	MSPO4276	<i>MSc</i>
6.	Critically analyse and appreciate different perspectives, values and strategies of sports practitioners in the fields of adapted sport and synthesise these with theory to deal with complex issues systematically and creatively and communicate their conclusions clearly to specialist and non-specialist audiences	MSPO4265 MSPO4281 MSPO4282	<i>MSc</i> <i>PG Cert</i> <i>PG Dip</i>
7.	Demonstrate self-direction and originality in identifying needs, analysing needs, formulating solutions and evaluating strategies within the context of adapted sport	MSPO4265 MSPO4281 MSPO4282	<i>MSc</i> <i>PG Cert</i> <i>PG Dip</i>

Skills and capabilities related to employability			
8.	Demonstrate the ability to plan for, and critically reflect upon, effective learning environments in a range of contexts	MSPO4265 MSPO4281 MSPO4282	<i>MSc</i> <i>PG Cert</i> <i>PG Dip</i>
9.	Demonstrate the ability to assimilate practical and theoretical information from a range of disciplines and critically apply that information to coaching/teaching practice in order to enhance athlete/pupil development and performance	MSPO4265 MSPO4281 MSPO4282	<i>MSc</i> <i>PG Cert</i> <i>PG Dip</i>

Transferable/key skills			
10.	Demonstrate initiative and personal responsibility when working alone or with others on applied problems or tasks;	MSPO4253 MSPO4254 MSPO4270	<i>MSc</i> <i>PG Cert</i> <i>PG Dip</i>

ADAPTED SPORT

11.	Make decisions in complex applied situations using systematic and creative methods and communicate their conclusions clearly.	MSPO4252 MSPO4253 MSPO4270	<i>MSc</i> <i>PG Cert</i> <i>PG Dip</i>
12.	Develop critical self-reflection and an independent autonomous approach to learning required for continuing professional and personal development as a reflective practitioner	MSPO4265 MSPO4281 MSPO4282	<i>MSc</i> <i>PG Dip</i> <i>PG Cert</i>
13.	Demonstrate critical self-assessment of key and vocational skills in adapted sport	MSPO4265 MSPO4281 MSPO4282	<i>MSc</i> <i>PG Dip</i> <i>PG Cert</i>



UNIVERSITY OF WORCESTER

ADAPTED SPORT